

Patrick

Age: 46

Comes from: Switzerland

Started climbing: 1978

Fluent in:

English, German, French

Favorite Climb:

Mines de Rien, 8b+,

Soyheres, Switzerland

When not climbing I'm:

Designing Climbing Walls
for BLOCX

Favorite Movie:

Harold and Maude



Patrick Andrey has 35 years of climbing experience under his belt. During which he has shared his passion for the sport, teaching hundreds of climbers, from absolute beginners to world cup athletes.

Patrick witnessed the birth of sports climbing, the advent of climbing gyms and the invention of the 'Egyptian' (he will explain that if needed).

As well as a professional climber he was Coach of the Swiss Snowboard Team and the Swiss National Ski Team of the Deaf.

As a professional coach Patrick worked together with the University of Basel and the National School of Sports to develop a sport specific training regime in combination with individually controlled diet plans. So, if you are into climbing to lose some extra pounds, this might be the right guy to ask for advice.

Patrick does not own a laser pointer, but is he considering buying one?

Patrick also likes to surf, read and travel.

To get in touch with Patrick direct email to: coach.patrick@camp5.com
To find out more about Camp5's private coaching service drop us an email to climb@camp5.com or call during open hours at **03 - 7726.0420 / 0410**