

Francis

Age: 31

Comes from: KL

Started climbing: 1993

Fluent in:

English, Malay, Mandarin,
Hokkien & Cantonese

Favorite Climb:

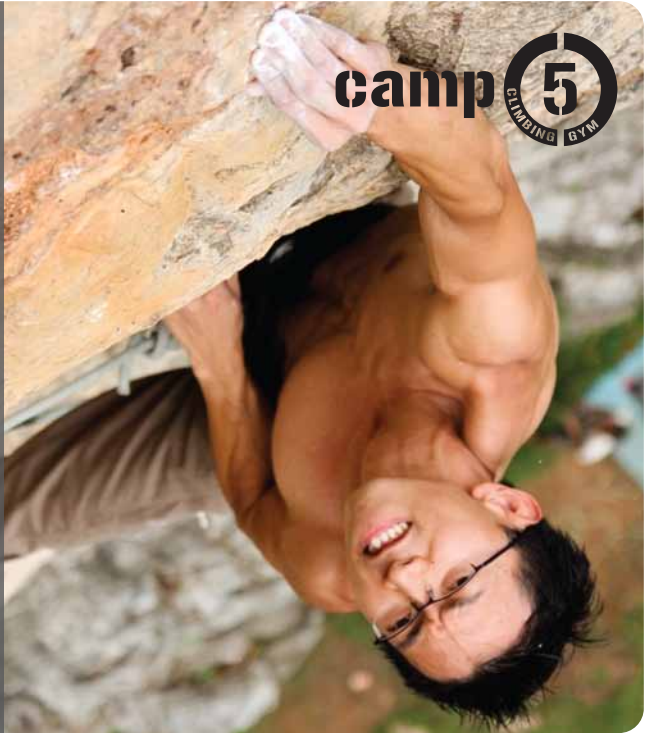
Diverse Saantique 8a+ -
Gorge du Loup, France

When not climbing I'm:

I like to dine at new
restaurants

Favorite Movie:

Lord of the Rings



With nearly 20 years of climbing experience under his belt, Francis Low is a household name in sport climbing in the South East Asian region. Having developed a passion for climbing during his school days, Francis went on to become a national climber representing Malaysia for a decade, competing in the World Championships, the Asian Championship, XGames and many other well known invitational climbing events.

As an International Climbing Federation appointed route setter Francis has designed and set routes for international competitions.

Francis' most recent assignment took him to China where he took part in the annual Petzl Rock Trip, working alongside internationally acclaimed climbers such as Chris Sharma and Lynn Hill.

Francis has been a professional coach for over seven years with experience in both one to one and group sessions, coaching beginners through to elite athletes. Currently, Francis divides his time between coaching at Camp5 and the French School of Kuala Lumpur.

To get in touch with Francis email direct to: coach.francis@camp5.com
To find out more about Camp5's private coaching service drop us an email to climb@camp5.com or call during open hours at **03 - 7726.0420 / 0410**