

Dhayang

Age: 29

Comes from: Malaysia

Started climbing: 2005

Fluent in:

English, Bahasa,
Mandarin

Favorite Climb:

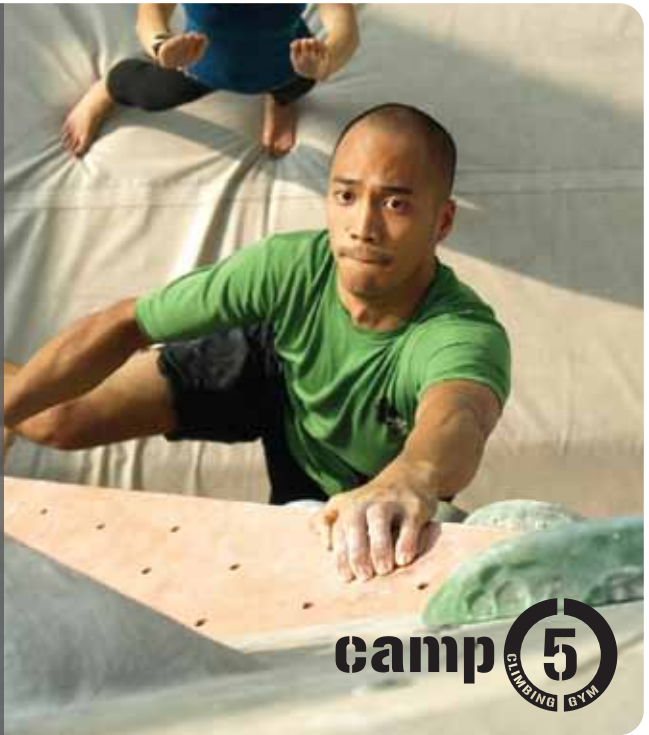
Zugspitze

When not climbing I'm:

Savoring the food
experience

Favorite Movie:

Million Dollar Baby



"Gravity, it is with us from birth to death. It may be our friend or our bitter foe. We do not sense it, but we adjust to it. We must!"

Dhayang has a diverse range of skills born by his passion for physical challenge, whether it is climbing, dance, yoga, equestrian or percussions, he has discovered the positive effect movement and rhythm has on his state of mind.

A Certified Rolfer, relating and incorporating Rolfing structural and movement integration principles with the experiences of the arts, backed with the climbing poetry and training perspectives of Patrick Andrey and Timy Fairfield, he develops his take on the dynamics of fun climbing to hardcore competition training.

Dealing and working with the physical, coordinative and perceptive structures and what that means for a person in a given place and time, whether it is fighting on the crux move on the rock or walking on the street. He can guide you to realize your potential by developing and increasing your awareness through movement.

To get in touch with Dhayang email direct to: coach.dhayang@camp5.com

To find out more about Camp5's private coaching service drop us an email to climb@camp5.com or call during open hours at **03 - 7726.0420 / 0410**