

# Andrew

Age: 38

Comes from: Malaysia

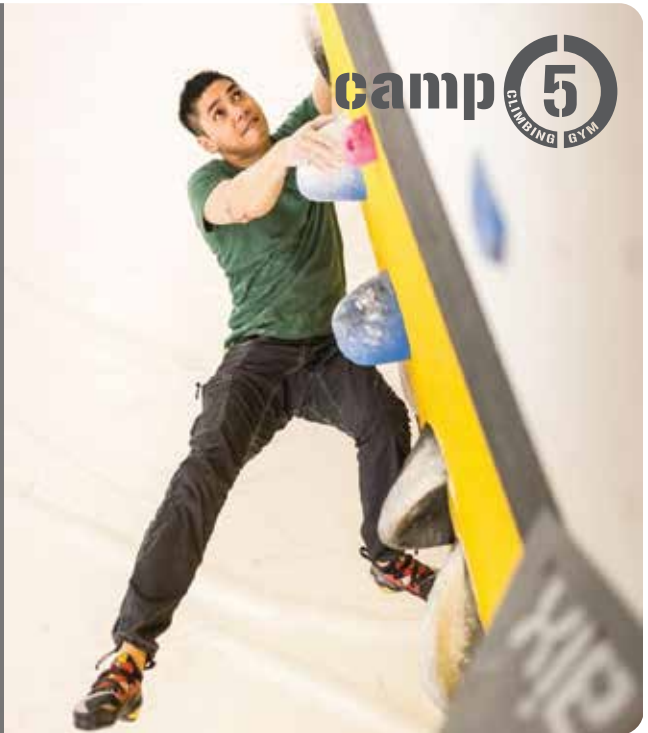
Started climbing: 2005

Fluent in:  
English and Malay

Favourite Climbing:  
bouldering

When not climbing I'm:  
Traveling, Photography,  
Scuba Diving

Favourite movie: Mission  
Impossible



Having been exposed to competitive sports such as swimming and taekwondo from the tender age of 6, Andrew Ang developed a passion for anything that challenges the limit of body strength through movement.

It was not until he discovered rock climbing that he knew where his true passion lies. With over 13 years of experience, he has participated in many international rock climbing competitions, most notably representing Malaysia in the International Federation of Sport Climbing (IFSC) Boulder World Cup at Chongqing, China in 2013 which is the pinnacle competition in the sport of Rock Climbing

Andrew is a Certified Fitness Instructor and Functional Tools Coach accredited by the American Council on Exercise (ACE). He believes in training the right set of muscles, improving coordination through various exercises and developing the right techniques to become an efficient climber.

To get in touch with Andrew email direct to: [coach.andrew@camp5.com](mailto:coach.andrew@camp5.com)  
To find out more about Camp5's private coaching service drop us an email to [climb@camp5.com](mailto:climb@camp5.com) or call during open hours at **03 - 7726.0420 / 0410**